

POSITIVE YOUTH DEVELOPMENT IN CONFLICT: TOOLS, RESOURCES, AND GUIDELINES

Promising Practices in the Middle East in North Africa

Youth-led Design and Engagement

- [Human-Centered Design Kit](#) (IDEO.com)
- [Guidance Note on Youth-Led Research](#) (SFCG)
- [Toolkit for Youth-Led Mapping](#) (SFCG)
- [USAID Youth Engagement in Development](#) (USAID)
- [Youth Speak Toolkit](#) (Creative Associates International)
- [Youth Engagement Measurement Guide](#) (YouthPower)
- [Adolescent and Youth Engagement. MENA: UN NGO Adolescent and Youth Group Toolkit \(#NoLostGeneration\)](#)
- [COVID-19: Working with and for Young People \(Compact for Young People in Humanitarian Action\)](#) Available in [Arabic](#), [French](#), and [English](#).

Local, Institutional, and Private-sector Partnerships

- [Whole System in the Room](#) (FHI 360)

Curriculum and Programming

- [Key Soft Skills for Cross-Sectoral Youth Outcomes](#) (YouthPower Action)
- [Guiding Principles for Building Soft Skills among Adolescents and Young Adults](#) (YouthPower)
- [Promising Practices in Engaging Youth in Peace and Security and P/CVE](#) (YouthPower)
- [Engaging Children and Youth in Conflict Toolkit](#) (SFCG)
- [Youth4Peace Training Toolkit](#) (United Network of Young Peacebuilders [UNOY]) in English, Arabic, and French
- [AMAL Toolkit: Unleashing the Power of Adolescents in Fragile Contexts](#) (CARE)
- [The Children's Resilience Program](#) (Save the Children)
- [Pathways Advancing Viable Education/Employment - PAVE](#) (International Initiative to End Child Labor)
- [Getting into the Game: Understanding the Evidence for Child-focused Sport for Development](#) (UNICEF)

Curriculum and Programming

- [Passport to Success](#) (International Youth Foundation)
- [Youth Radio for Peacebuilding](#) (SFCG)
- [STRESS: Strategic Resilience Assessment](#) (Mercy Corps)
- [The Adolescent Kit for Expression and Innovation](#) (UNICEF)
- [Positive Discipline Approach](#) (Save the Children)
- [Guiding Principles for Youth Participation in Peacebuilding](#) (UN Inter-Agency Network on Youth Development). Available in [Arabic](#).
- [Safety, Privacy, and Digital Citizenship: Introductory Materials](#) (Harvard University)
- [Youth Political Participation Programming Guide](#) (NDI)

Conflict Sensitivity and Do No Harm

- [Do No Harm Trainers Manual](#) (CDA Collaborative Learning Projects)
- [Checklist for Conflict Sensitivity in Education Programs](#) (USAID)
- [Conflict-Sensitive Education Pack](#) (Inter-agency Network for Education in Emergencies [INEE]) in Arabic, English, and French
- [USAID Conflict Assessment Framework](#) (USAID)
- [eSafety Toolkit for Schools](#) (Australian Government, eSafety Commissioner)
- [Holistic Security Trainers' Manual](#) (Tactical Technology Collective)
- [Workbook on Security: Practical Steps for Human Rights Defenders at Risk](#) (Front Line Defenders)
- [Integrated Security: The Manual](#) (The Kvinna till Kvinna Foundation and the Urgent Action Fund for Women's Human Rights)
- [Violence Prevention through Multisectoral Collaboration](#) (End Violence Against Children, Prevention Institute, and Violence Prevention Alliance)
- [Safeguarding Young People during the COVID-19 Pandemic](#) (Youth Work Support)
- [Manual on Human Rights Monitoring: Trauma and Self Care](#) (UN Human Rights Office of the High Commissioner)

Gender and Social Inclusion

- [Social Inclusion in Positive Youth Development Programs](#) (YouthPower)
- [Toolkit for Youth Inclusion in Democracy, Human Rights, and Governance](#) (YouthPower)
- [Accommodating Religious Identity in Youth Peacebuilding Programs](#) (SFCG)
- [Does Your Program Reflect Gender Transformative or Positive Youth Development Practices? A Checklist](#) (YouthPower)
- [A Gendered Approach to Positive Girl and Boy Development](#) (FHI 360)
- [Engaging Girls Toolkit](#) (SFCG)
- [Adolescent Girls Toolkit for Iraq](#) (UNICEF)
- [Measuring Gender Dynamics in Resilience](#) (Mercy Corps)
- [Women & Girls: Safe Spaces](#) (UNFPA)
- [Suggested Approaches for Integrating Inclusive Development Across the Program Cycle and in Mission Operations](#) (USAID)
- [Including Everyone: Strengthening the Collection and Use of Data about Persons with Disabilities in Humanitarian Situations](#) (UNICEF)

Mental Health and Psychosocial Support

Mental Health Resources

Background Information/Research

- [Young People Will Transform Global Mental Health](#) (Mental Health Innovation Network)
- [Child Development in the Context of Disaster, War, and Terrorism: Pathways of Risk and Resilience](#) (Annual Review of Psychology)
- [Mental Health Practice in Arab Countries](#) (Current Opinion in Psychiatry)

Evidence-based Interventions

- [A Systematic Review of the Effectiveness of Mental Health Promotion Interventions for Young People in Low- and Middle-Income Countries](#) (BMC Public Health)
- [Evidence-Based Child and Adolescent Psychosocial Interventions](#) (PracticeWise)
- [Interventions for Adolescent Substance Abuse: An Overview of Systematic Reviews](#) (Journal of Adolescent Health) **Note: These interventions come from a variety of international contexts and have not been validated in the MENA region or translated into Arabic.*

Mental Health and Psychosocial Support

- [Principles of Adolescent Substance Use Disorder Treatment: A Research-Based Guide](#) (Behavioral Approaches) (National Institutes of Health) **Note: These interventions come from the U.S. context and have not been validated in the MENA region or translated into Arabic.*
- [Principles of Adolescent Substance Use Disorder Treatment: A Research-Based Guide](#) (Family-Based Approaches) (National Institutes of Health) **Note: These interventions come from the U.S. context and have not been validated in the MENA region or translated into Arabic.*
- [Group Interpersonal Therapy \(IPT\) for Depression](#) (WHO)

Mental Health Scales/Assessment

- [Psychometric Properties of an Arabic Version of the Depression Anxiety Stress Scales \(DASS\)](#) (Research on Social Work Practice). Also available in Turkish
- [The MENAT \(Middle East, North Africa, and Turkey\) Measurement Library](#) (INEE). Available in Arabic, French, and English

Psychosocial Support Resources

Assessments

- [Assessing Mental Health and Psychosocial Needs and Resources](#) (WHO and the UN Refugee Agency [UNHCR]). Available in [Arabic](#), [English](#), and [French](#)

Background Information/Research

- [National Mental Health Strategy of Lebanon](#) (Government of Lebanon)
- [Background Paper on Psychosocial Support and Social & Emotional Learning for Children & Youth](#) (INEE). Available in [Arabic](#), [English](#), and [French](#)
- [Advancing Adolescents: Evidence on the Impact of Psychosocial Support for Syrian Refugee and Jordanian Adolescents](#) (Mercy Corps)
- [Culture, Context and the Mental Health and Psychosocial Well-Being of Syrians](#) (UNHCR)
- [Fact Sheet on Suicide Prevention](#) (WHO) Available in [Arabic](#), [English](#), and [French](#)
- [Resilient Realities: Global State of Youth Civil Society Report](#). (Restless Development, Recrear, and Development Alternative)

Guidance Notes

- [Community-Based Mental Health and Psychosocial Support in Humanitarian Settings](#) (UNICEF)
- [Guidance Note on Psychosocial Support](#) (INEE). Available in [Arabic](#), [English](#), and [French](#)
- [Disability Inclusion in Psychosocial Support Programs in Lebanon: Guidance for Psychosocial Support Facilitators](#) (Women's Refugee Commission). Available in Arabic and English

Mental Health and Psychosocial Support

- [Guidelines on Mental Health and Psychosocial Support](#) (Inter-Agency Standing Committee [IASC]). Available in [Arabic](#), [English](#), and [French](#)
- [Guidelines on Mental Health and Psychosocial Support: A Checklist for Field Use](#) (IASC). Available in [Arabic](#), [English](#), and [French](#)
- [Interim Briefing Note Addressing Mental Health and Psychosocial Aspects of COVID-19](#) (IASC). Available in [Arabic](#), [English](#), and [French](#)
- [Basic Psychosocial Skills - A Guide for COVID-19 Responders](#) (IASC). Available in [Arabic](#), [English](#), and [French](#)

Toolkits

- [Safe Healing and Learning Spaces Toolkit](#) (International Rescue Committee)
- [Manual on Community-Based Mental Health and Psychosocial Support](#) (IOM)
- [Community-Based Mental Health and Psychosocial Support](#) (UNICEF)
- [Preventing Suicide - A Community Engagement Toolkit](#) (WHO) Trainings
- [PSS-SEL Training Module](#) (INEE). Three-hour training available in Arabic, English, and French
- [PSS-SEL Training Module](#) (INEE). One-hour training in English
- [Psychological First Aid Training Manual for Child Practitioners](#) (Save the Children). Available in [Arabic](#), [English](#), and [French](#)
- [Youth MHPSS Toolkit](#)

Monitoring and Evaluation

- [YouthPower Action Soft Skills Assessment](#) (YouthPower)
- [Youth Programming Assessment Tool](#) (YouthPower)
- [Compendium of Participatory Indicators of Peace](#) (Generations for Peace)
- [Measuring the Unmeasurable: Solutions to Measurement Challenges in Fragile and Conflict-Affected Contexts](#) (SFCG)
- [Ethical Approaches to Gathering Information from Children and Adolescents in International Settings: Guidelines and Resources](#) (Horizons – Population Council and Impact – Family Health International)
- [Psychometric Properties of the Arabic Version of Adult Hope Scale](#) (Alali, T.)
- [Validation of the Arabic Translation of the Multidimensional Scale of Perceived Social Support \(Arabic-MSPSS\) in a Lebanese Community Sample](#) (Merhi and Kazarian)

Monitoring and Evaluation

- [Emerging Practices in Design, Monitoring, and Evaluation for Education for Peacebuilding Programming](#) (SFCG)

Staffing

- [Introduction to Positive Youth Development: Engaging Youth as Partners in Advancing Our Common Development Goals](#) (YouthPower)

Sustainability (Journey to Self-reliance)

- [Social Analysis and Action Global Implementation Manual](#) (CARE)
- [Translating Youth, Peace, and Security Policy into Practice](#) (SFCG and UNOY)
- [Democracy and Governance Innovations in Fragile Contexts](#) (Mercy Corps)
- [The Wages of War: How Syrians Have Adapted Their Livelihoods through Seven Years of Conflict](#) (Mercy Corps)

Disclaimer:

The authors' views expressed in this report do not necessarily reflect the views of the United States Agency for International Development or the United States Government.