

## New Resource: YouthPower Action AGYW Mentoring Program Toolkit



Research on the impact of mentoring programs for adolescent girls and young women (AGYW) demonstrates the importance of positive role models and social support systems for improved health knowledge and outcomes. To support the implementation of such programs, FHI 360 on behalf of YouthPower action, developed a multi-component intervention including group based mentoring; curricula-based programming covering sexual and reproductive health, financial capabilities, soft skills, and gender content; activities designed to improve participants' social connectedness; optional onsite STI, HIV, and pregnancy testing along with STI treatment and linkage to HIV care and treatment; group-based savings; and links to sexual and reproductive health (SRH) services, including contraceptive and gender-based violence services.

To support the implementation and scale-up of the YouthPower Action AGYW Mentoring Program we developed a four-part toolkit. It is a compilation of tools developed by multiple organizations. The materials presented in the toolkit are intended to be adapted as appropriate to the local environment, cultural context and specific needs of AGYW.

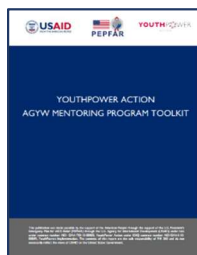
## About the Toolkit

**Part I: Trainer Handbook**, is designed to support the training of mentors and to provide mentors with the skills they need to foster a safe and supportive environment, and to support AGYW to achieve their full potential.

**Part II: Mentor Handbook**, provides a framework for trained adult female mentors to lead groups of AGYW. It includes 26 sessions and each session includes step-by-step instructions for mentors. The handbook also includes participant handouts, activity cards, case study and other instructional documents to support sessions activities.

**Part III: Participant Handbook**, includes worksheets and handouts for participants in the YouthPower Action AGYW mentoring activity.

**Part IV: Program Management Handbook**, is a collection of resources for program managers to support the implementation of the YouthPower Action AGYW Mentoring program. It includes criteria for selecting mentors, a sample mentor agreement, program tracking tools, guidance for linking to services, and guidance for supportive supervision.



The Toolkit is available online from the YouthPower.org: *Plourde, K., Healy E., Ippoliti I. (2018). YouthPower Action AGYW Mentoring Program Toolkit. Washington, DC: USAID's YouthPower Implementation, YouthPower Action.*

<https://www.youthpower.org/resources/youthpower-action-agyw-mentoring-program-toolkit>

## YouthPower Action

YouthPower Action supports and advances USAID's Youth in Development Policy through evidence-based positive youth development programming across all sectors and country contexts by providing technical assistance to USAID Missions and operating units. YouthPower Action's activities increase youth engagement and youth voice to strengthen USAID's positive youth development programming. YouthPower Action supports USAID missions and operating units through a flexible buy-in mechanism.

This publication was made possible by the support of the American People through the support of the U.S. President's Emergency Plan for AIDS Relief (PEPFAR) through the U.S. Agency for International Development (USAID) under task order contract number AID- OAA-TO-15-00003, YouthPower Action under IDIQ contract number AID-OAA-I-15-00009, YouthPower: Implementation.”

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