**M4-H3-The Power Walk Exercise: Facilitator Question Guide**

**Step 1: Statements to be read out by the facilitator:**

If your character’s answer to the statement is ‘Yes’, take one step forward. If your character’s answer is ‘No’, you are to stay still.

Slowly read out the following statements, giving participants time to move between each statement.

* I feel that I am a valued member of my community.
* I eat at least two full meals a day in all seasons.
* I expect to finish secondary school or I did finish secondary school.
* I am not expected to do household work every day.
* The school curriculum shows that people like me can achieve anything they want.
* I can decide to see my friends or travel to visit relatives without asking for permission.
* My family and I are not vulnerable to natural disasters.
* I am comfortable talking in public and expressing my views.
* I do not face discrimination or stigma when using public services.
* I feel very safe at home and in my community, and I do not worry about being sexually harassed or abused.
* I earn more than the minimum wage.
* I have time and resources to spend time with my friends, to play sports or take part in other recreation.
* I will be consulted on important decisions that affect my life.
* I have access to plenty of information about HIV and other sexually transmitted diseases.
* I can give a child what she/he needs to grow up healthy
* I make decisions about major purchases in my household.
* I have control over decisions about my body, including when to have children and how many.
* If I were accused of a crime I would be asked for my side of the story, and believed.
* I can get information in the language that I use.
* I have a say in whom I marry and when.

**Step 2: Move around the room and ask the following questions. Questions can include a focus on gender, age, value and position. Ask about their position in the room:**

* Why did you end up in this position?
* Did gender have anything to do with this?
* Did your age have anything to do with why you are standing here?

**Ask about value:**

* Do you think your character is more or less valued by his or her society?
* How is this reflected in your position?

**Reflection questions:**

After speaking to several characters in different positions, ask the group about patterns:

* What kinds of characters were left behind?
* What kinds of characters moved ahead?
* Which characters were more powerful? Why? What made different characters more or less powerful?

**Switch age group** – ask a few characters to share their insights on these questions:

* Ask everyone to imagine where they would be if instead of an adult they had been a child of the same social group, or vice versa. How would their position on the line change? Why?

**Switch gender** – ask a few participants to share their insights on these questions:

* Ask everyone to think about where they would be if instead of being female they were a male version of their character, or vice versa. How would their position change?

*(Adapted from: Power, Rights & Participation (2015) (Plan UK, British Youth Council, Restless Development, ActionAid))*