



# Values Day 2016

The Power to Make Change:  
Global Storytelling Challenge

# Your kit checklist

- Storytelling Instructions (included in this document)
- Scenes template x 1 per person
- People template sheet x 1 (print off as many as you need)
- Speech bubbles template x 1 (print off as many as you need)
- Comic strip sheet x1 per person
- Instructions sheet x 1.

You will also need:

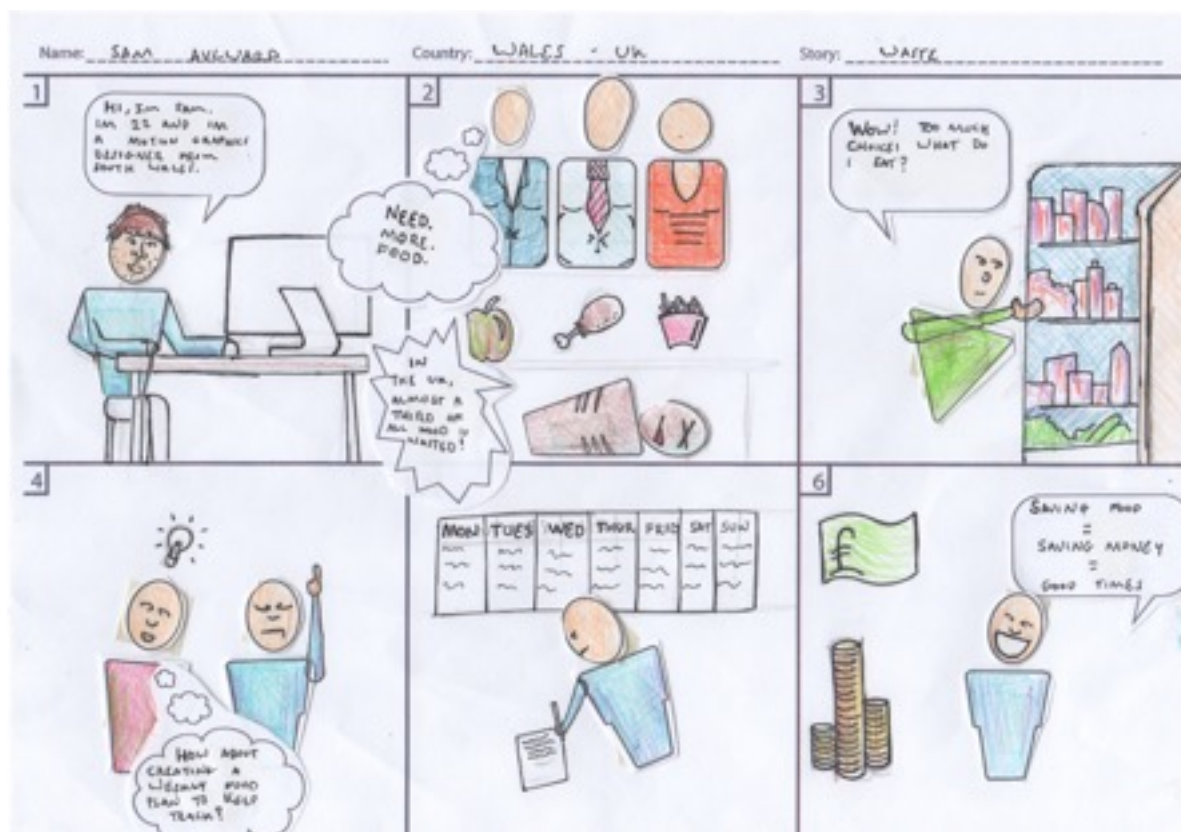
- Printer and paper
- Colouring pens/pencils
- Glue or blue tack
- Scanner or camera
- Space to create

## The task

The storytelling challenge asks the young people to tell their stories in 2 ways.

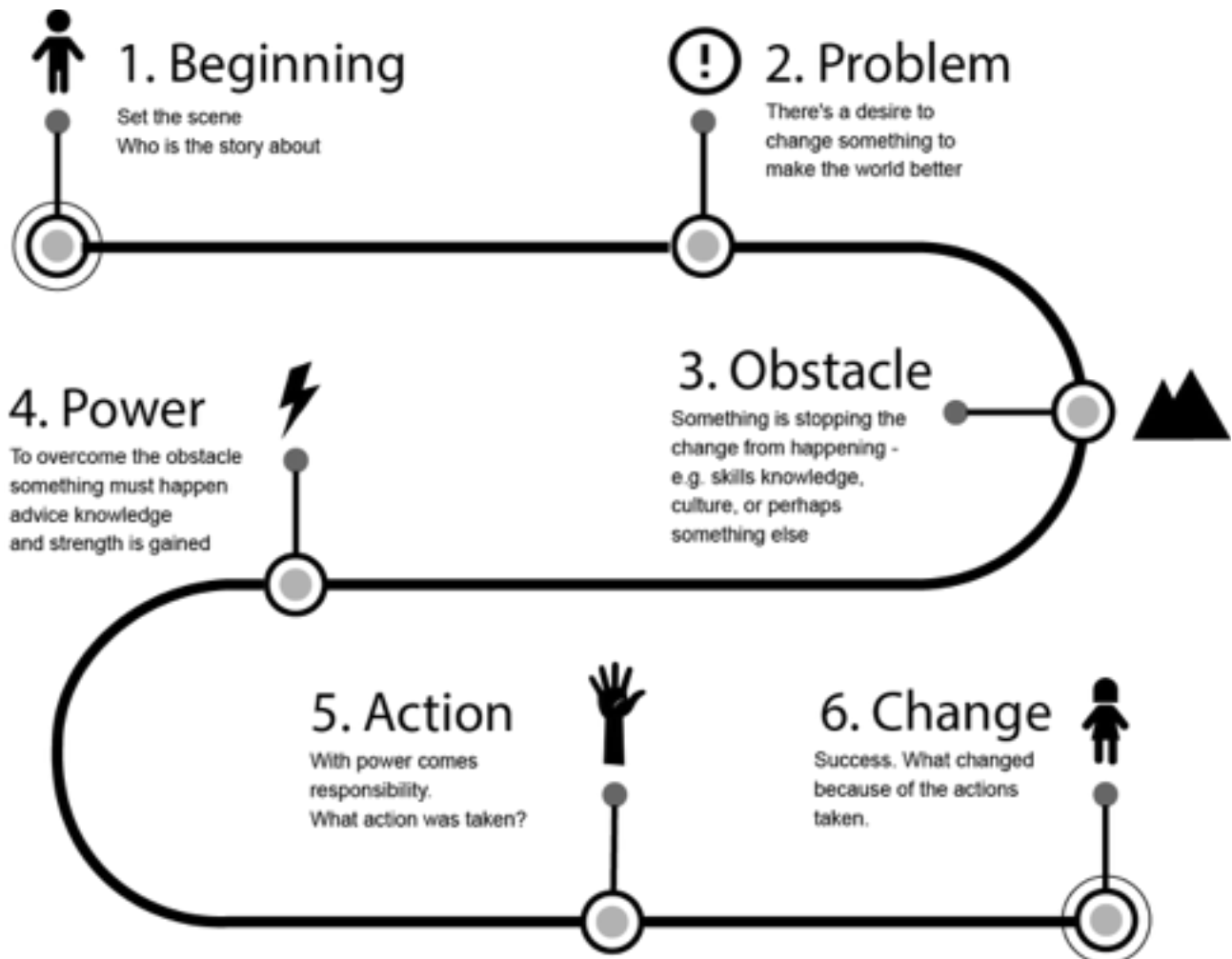
1. In writing, by answering questions.
2. In a comic strip by using the tools provided.

By the end of the session we're looking to help the young people to produce something like this:



# How to tell a good story

Imagine each young person's story as a journey. It's a journey from point A to point E with various steps in between, and like all good stories it has a beginning a middle and an end.



1. Beginning. First we need to know who is in our story. We need to set the scene, and understand the background. We need our audience to identify with it.
2. Problem. This creates the purpose of the story. We need our young person to describe the problem, tell us what needs to change and why they wanted change to happen. We need passion and motivation.
3. Obstacles. Creating real change is not easy. What was stopping change from happening? We need to understand why the problem still exists.
4. Power. Everyone needs help on the journey. Where was help found? Who helped and what did they do or say?
5. Action. Now the young person has the power, what did they do?
6. Change. This is hopefully the happy ending. What difference was made because of the actions they took?

We want the young people to become storytellers, so they first need to understand what makes a good story. We need them to understand the 6 steps and how these work before they start their story properly.

# First Draft

A useful first exercise is to perhaps simply write the story down in bullet points on paper or using post-it notes numbered 1-6. We call this a first draft. It will get people thinking about the main stages of the story with out going into detail. It will make sure they split their story into the right pieces first.

They can start with any number and build from there.

---

1. Beginning - simply write down the person's name and location.

e.g. Jim Bangura, Sierra Leone.

---

2. Problem - list the issue

e.g. Ebola

---

3. Obstacle - list why this is difficult for the character to solve

e.g. Doesn't understand Ebola and how it spreads

---

4. Power - list the help received.

e.g. Training from health experts

---

5. Action - state what happened next

e.g. Talked to communities

---

6. Change - what was changed

e.g. lives were saved, disease did not spread.

---

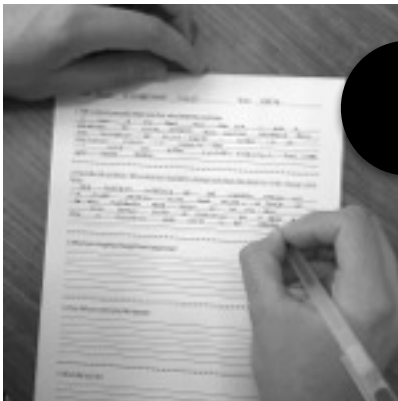
Once this first draft is built, the details, description and emotion can be added. The example story on the next page shows how this story is built into a narrative.

The instructions on page 6 is our guide to using the templates.

# Example Story

1. **Beginning:** My name is Jim Bangura, i'm 26, and i'm from Bombali, a district in Sierra Leone. I'm an economics graduate and a huge Manchester Utd fan.
2. **Problem:** One day my home town was changed forever. Ebola struck and a woman from my town died. After she died, her body was washed in the traditional way by the women of the village, including by my mother and sisters. Everybody who had come into contact with the corpse got infected: over 166 people in the community. Only 25 survived. I got infected too, but with the necessary medical care and inner strength, I survived. As soon as I was well enough, I felt determined to help others.
3. **Obstacle:** I knew I couldn't tackle this problem on my own because like many others in Sierra Leone and like the people in my village I didn't really understand what Ebola was, and so I was unsure how to help others survive it.
4. **Power:** I saw Restless Development's Ebola Response Programme and I joined as a community mobiliser. I was given training and equipment and I felt ready to go out and help others.
5. **Action:** I went out into communities and through simple messages and advice I told people that traditional practices like the washing of people after they died was a mistake with the ebola virus. My own personal story helped people understand the risks and danger and so they listened and understood.
6. **My messages and story made a big difference in reducing the spread of Ebola in villages. I was one of 2,400 young volunteers that helped to lead to the fightback against Ebola in Sierra Leone.**

# Instructions for facilitators



1

1. Print out the scenes template and work with the young people to fill in 6 sections. It's important they can give as much detail that answers the questions at this stage . Please make sure they fill in the name and country at the top of the sheet too. Follow our good story steps for guidance.

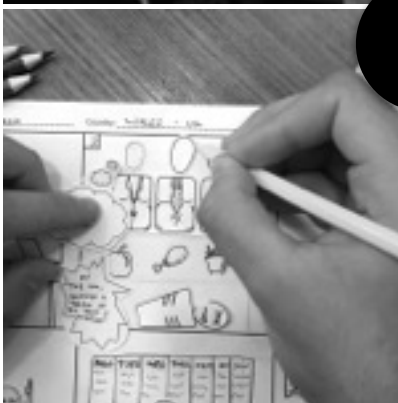
2. Print out the people and speech bubbles template sheets. These will be cut out to create scenes.

2



3

3. Create the story. Using the templates or making their own, this is where the young people tell their story like a comic book. They will fill in the six squares and think about the best way to visualise each step of the story. Use colour, and be creative!



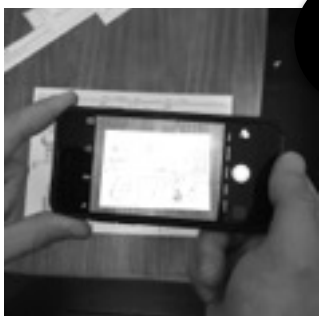
4

4. The young people share their story with others. Record via video or audio story if possible.



5. Photograph or scan each of the two story documents. See our photo instructions on the last page.

5



# What we need from you

For each young person's story we need you to send us the two completed documents with names and countries filled out. One is the scenes template. The other is the comic strip template.

The form is titled 'Name: \_\_\_\_\_ Country: \_\_\_\_\_ Date: \_\_\_\_\_'. It contains five numbered sections for writing a story:

1. Tell us about yourself where you live, what interests you have. (Lines for writing)
2. Describe the problem, tell us what you wanted to change and where the desire to create change came from. (Lines for writing)
3. What was changing change from happening? (Lines for writing)
4. How did you overcome this problem? (Lines for writing)
5. What did you do? (Lines for writing)
6. What difference has this made? (Lines for writing)



We recommend where possible, scanning these individually and then emailing across.

If you do not have a scanner please take a photograph of each document. For a good photograph please:

- Use the best camera you have available - as a general rule the more megapixels the better.
- Use the same camera for all the photographs if possible because it will be consistent.
- Make sure the photograph is in focus, try to keep your hands steady.
- Make sure there are no shadows in the photographs, take the photograph near a window or next to a light.
- Only use flash if you have to.
- Make sure the photograph is straight.

If your group has recorded any audio or video then please send this across too.

Happy storytelling!