






# POSITIVE YOUTH DEVELOPMENT IN LOW AND MIDDLE INCOME COUNTRIES:

Why is it important for better youth outcomes, and how do we measure it?

## BACKGROUND

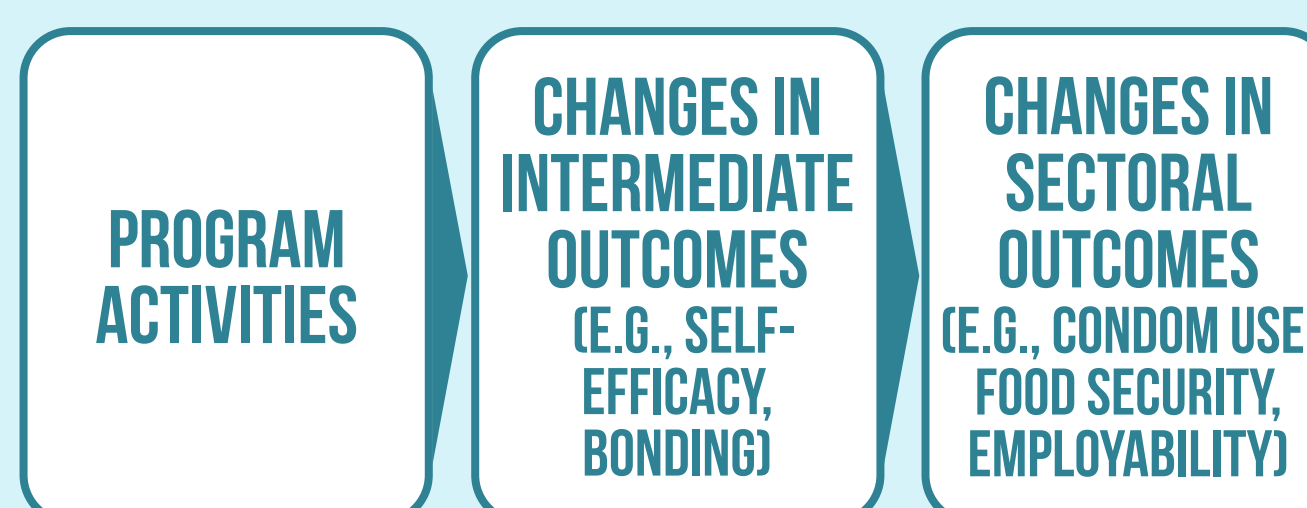
There is strong evidence that Positive Youth Development (PYD) strategies prevent negative and increase positive outcomes for youth in higher-income countries. Evidence of PYD programs in low and middle-income countries has demonstrated improved outcomes across sectors such as health, education, workforce development and civic engagement.<sup>1</sup>

## PYD PROGRAMS ARE SHOWN TO IMPROVE SECTORAL OUTCOMES

-  IMPROVE SOCIO-EMOTIONAL, COMMUNICATION AND LIFE SKILLS
-  DECREASE SEXUAL RISK BEHAVIORS INCLUDING NUMBER OF PARTNERS AND INCIDENCES OF UNPROTECTED SEX
-  INCREASE NUMBER OF YOUTH WITH HIGH-QUALITY AND LONG-LASTING EMPLOYABILITY
-  INCREASE USE OF SRH SERVICES BY YOUTH
-  REDUCE DROPOUT RATES FOR GIRLS

“ Positive Youth Development (PYD) engages youth, along with their families, communities and/or governments, so that youth are **empowered** to reach their full potential. PYD approaches **build skills, assets and competencies**; foster **healthy relationships**; **strengthen the environment**; and **transform systems**. ”

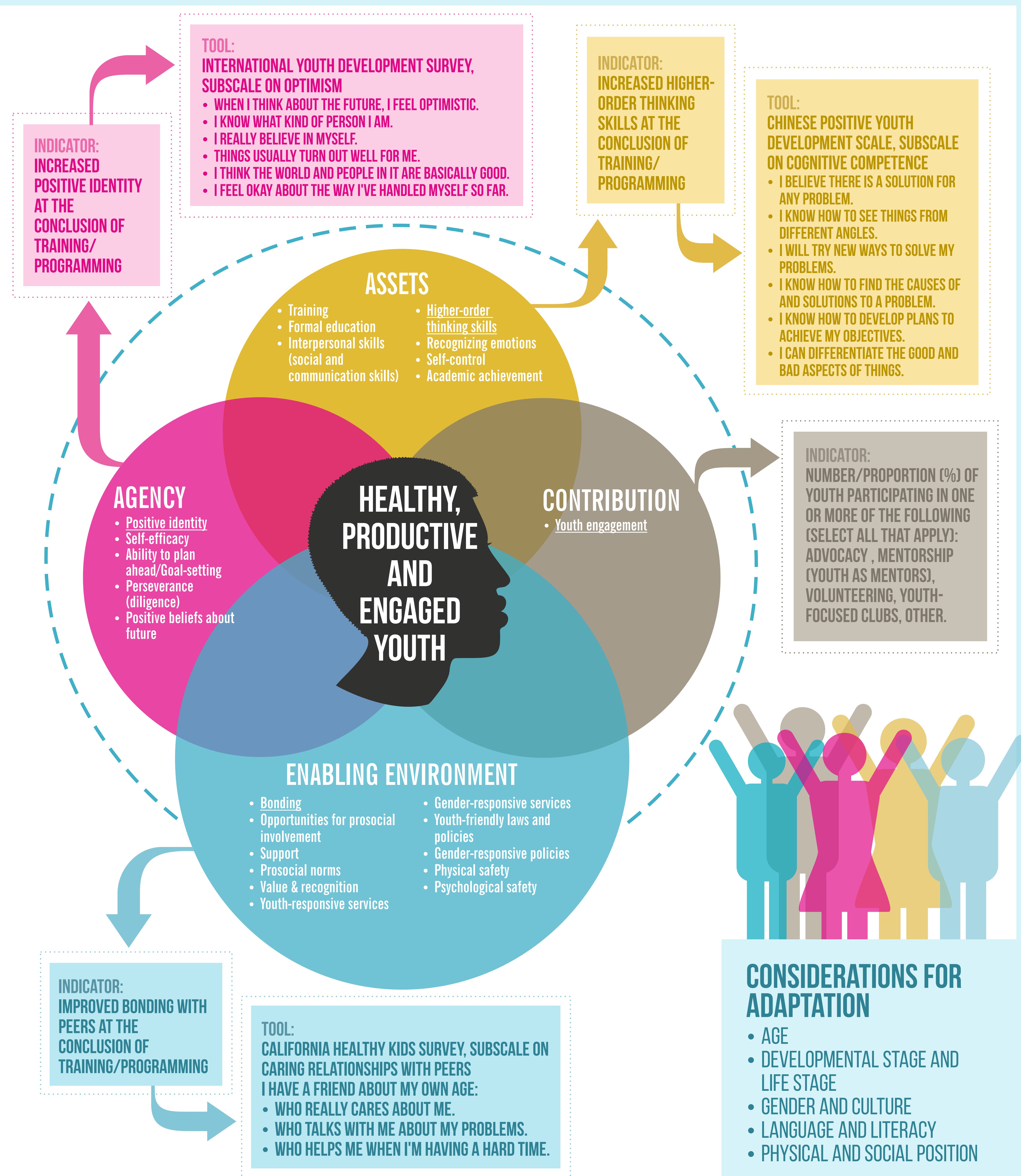
## PYD MEASURES LINK PROGRAM ACTIVITIES TO KEY OUTCOMES<sup>2</sup>



## REFERENCES

<sup>1</sup>Alvarado, G., Skinner, M., Plaut, D., Moss, C., Kapungu, C., and Reavley, N. (2017). A Systematic Review of Positive Youth Development Programs in Low-and Middle-Income Countries. Washington, DC: YouthPower Learning, Making Cents International.

<sup>2</sup>Hinson, L., Kapungu, C., Jessee, C., Skinner, M., Bardini, M. & Evans-Whipp, T. (2016). Measuring Positive Youth Development Toolkit: A Guide for Implementers of Youth Programs. Washington, DC: YouthPower Learning, Making Cents International.



## CONSIDERATIONS FOR ADAPTATION

- AGE
- DEVELOPMENTAL STAGE AND LIFE STAGE
- GENDER AND CULTURE
- LANGUAGE AND LITERACY
- PHYSICAL AND SOCIAL POSITION



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**PEPFAR**  
U.S. President's Emergency Plan for AIDS Relief

**YOUTHPOWER**  
LEARNING

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