YouthNet

YouthLens

New Resources on Youth Reproductive Health and HIV Prevention, 2002-2004

This annotated list of resources with Web links provides guidance to youth-serving organizations.

As a sequel to *YouthLens No. 1, New Resources Available on Youth Reproductive Health and HIV Prevention* (July 2002), this YouthLens summarizes major reports and resources that have appeared since July 2002. The resources are organized by overview reports, reproductive health resources, and HIV/AIDS resources. For more, see YouthNet's online summary of recent program resources and research findings, Youth InfoNet, at: *www.fhi.org/en/Youth/YouthNet/Publications/ YouthInfoNet/index.htm*

Overview Reports

Adolescent and Youth Reproductive Health in the Asia and Near East Region (2003)
www.policyproject.com/pubs/arh.cfm
This ambitious project produced a summary and country reports on Bangladesh, Cambodia, Egypt, India, Indonesia, Jordan, Morocco, Nepal, Pakistan, Philippines, Sri Lanka, Vietnam, and Yemen, by the Futures Group International/POLICY Project. Contact: *www.policyproject.com/contact.cfm*

Commitments: Youth Reproductive Health, the World Bank, and the Millennium Development Goals (2004)
www.globalhealth.org/images/pdf/commitments.pdf
This report from the Global Health Council makes the case that investment in youth reproductive health by the World Bank is essential to achieving the Millennium Development Goals and reducing poverty. Contact: kringheim@globalhealth.org

Going to Scale in Ethiopia: Mobilizing Youth Participation in a National HIV/AIDS Program (2004)
www.synergyaids.com/documents/GoingToScaleIn Ethiopia.pdf   This report from the Synergy Project documents a successful youth-led participatory learning and action project that led to a national youth charter, working through the Ministry of Youth, Sports, and Culture with assistance from the YouthNet and IMPACT projects of Family Health International. Contact: youthnetpubs@fhi.org

The Implications of Early Marriage for HIV/AIDS Policy (2004)
www.popcouncil.org/pdfs/CM.pdf
Too Young to Wed: The Lives, Rights and Health of Young Married Girls (2003)
www.icrw.org/docs/tooyoungtowed_1003.pdf
These reports from the Population Council and the International Center for Research on Women, respectively, examine issues related to early marriage and offer policy and programmatic recommendations to end the practice. Contact: publications@popcouncil.org; info@icrw.org

Making One Billion Count:
UNFPA State of the World Population 2003:
Investing in Adolescents' Health and Rights (2003)
www.unfpa.org/swp/2003
The annual UNFPA report focuses on adolescents, including short case studies, recommendations, data, footnotes, and resources.
Contact: *www.unfpa.org/help/contact.htm*

FHI
Family Health International

PATH
Program for Appropriate Technology in Health

UNAIDS
Joint United Nations Programme on HIV/AIDS

UNFPA
United Nations Population Fund

UNICEF
United Nations Children's Fund

USAID
U.S. Agency for International Development

WHO
World Health Organization

Non-Consensual Sexual Experiences of Young People: A Review of the Evidence from Developing Countries (2003)
www.popcouncil.org/pdfs/wp/seasia/seawp16.pdf
This report from the Population Council synthesizes available research on the nature and extent of coercion, adverse consequences, risk factors, and related issues, with recommendations. Contact: publications@popcouncil.org

The State of the World's Children 2005 (2004)
www.unicef.org/sowc05/english/fullreport.html
This annual report from UNICEF focuses on poverty, conflict, and HIV/AIDS with features important for adolescents, including free education for those orphaned by HIV/AIDS and fighting sexual exploitation and trafficking. Contact: pubdoc@unicef.org

Young People and HIV/AIDS: Opportunity in Crisis (2002)
www.unicef.org/publications/index_4447.html
This 48-page, data-rich resource from the United Nations (UN) offers a rationale for focusing on youth and a ten-step strategy for moving forward. Contact: pubdoc@unicef.org

Reproductive Health Program Development/Implementation

Adolescent Cue Cards (2003)
www.pathfind.org/site/PageServer?pagename= Publications_Programmatic (scroll to Adolescent Cue Cards)   These colorful job aids offer helpful information and tips, each covering a contraceptive method. Contact: information@pathfind.org

Capacity Building Resources in Youth Sexual and Reproductive Health (2003)
www.path.org/materials/materials-details.php?id=744   This training package from PATH, based on workshops in Southeast Asia, is designed to help organizations with program design, strategic planning and networking, programming, youth-friendly health services, and monitoring and evaluation. Contact: publications@path.org

Games for Adolescent Reproductive Health: An International Handbook (2002)
www.path.org/files/gamesbook.pdf   This manual from PATH introduces games to teach youth about reproductive health and sexuality. Included are theory, tips, and instructions for using and modifying some 50 games. Contact: publications@path.org

Making Commitments Matter: A Toolkit for Young People to Evaluate National Youth Policy (2004, English, French, Spanish, Portuguese)
www.un.org/esa/socdev/unyin/wyr/index.html# toolkit (scroll to the toolkit)   This toolkit from the UN Secretariat can help address the goals of the World Programme of Action for Youth on health, HIV, education, employment, drug abuse, youth participation, and more. Contact: youth@un.org

My Changing Body: Fertility Awareness for Young People (2003)
www.fhi.org/en/Youth/YouthNet/rhtrainmat/ fertilawareyoungpeople.htm   This manual, designed for training young people ages 10 to 14, includes six sessions with accurate, factual information on puberty, female and male fertility, fertilization, young people's concerns about sexuality, and other topics. Contact: youthnetpubs@fhi.org

"New Generation" Models for Asia's Youth: Strengthening Networks and Building Capacity (2003)
www.path.org/files/RH_cambodia_case_ studies.pdf   Using case studies from Thailand and Cambodia, this guide from PATH discusses how to engage young people in programming, get support from adult stakeholders, and strengthen partnerships/networks. Contact: publications@path.org

Partnering with African Youth: Pathfinder International and the African Youth Alliance Experience (2004)
www.pathfind.org/site/DocServer/AYA_report_ final.pdf?docID=2081   This 40-page report from Pathfinder International provides valuable insights on project implementation challenges, focusing on youth-friendly services and institutional capacity building in Botswana, Ghana, Tanzania, and Uganda. Contact: information@pathfind.org

Peer Approach in Adolescent Reproductive Health Education: Some Lessons Learned (2003)
www.unescobkk.org/ips/arh-web/resources/ peer/peer.pdf   This 69-page guide to peer education provides a useful overview of research, lessons learned, guidelines, and more. Contact: *http://www.unescobkk.org/*

Peer Education Training of Trainers Manual (2003, English, other languages in region)
www.youthpeer.org/upload/resources/155_ ResFile_Manual.pdf   Youth Peer Education Electronic Resource (Y-PEER), which works in Eastern Europe and Central Asia with guidance from UNFPA, YouthNet, and others, has developed this 188-page manual on sexual and reproductive health, HIV/AIDS, gender, and cultural sensitivity. Contact: bodiroza@unfpa.org

Sexuality Education in Schools: The International Experience and Implications for Nigeria (2004)
www.dec.org/pdf_docs/PNACY529.pdf
This working paper from the POLICY Project reviews the international experience with sexuality education, including evidence-based findings, policy issues, and other critical concerns as they apply to one country. Contact: yrh@policyproject.com

Skills for Health: The WHO Information Series on School Health, Document 9 (2003)
www.unicef.org/lifeskills/SkillsForHealth230503.pdf
This 83-page report is designed to help implement quality skills-based health education at the national level for in-school or out-of-school settings. Chapters cover theories and principles, evaluation evidence and lessons learned, priority actions for quality and scale, and planning and evaluation issues. Contact: pubdoc@unicef.org

Towards Adulthood: Exploring the Sexual and Reproductive Health of Adolescents in South Asia (2003)
www.who.int/reproductive-health/publications/ towards_adulthood/towards_adultwood.pdf
This 244-page book from WHO contains 42 short papers based largely on presentations and sessions from an international conference in South Asia held in 2000. Contact: publications@who.int

Youth-Friendly Services: An Annotated Web-Based Guide to Available Resources (2004)
www.fhi.org/en/Youth/YouthNet/ProgramsAreas/ YouthFriendlyServices/index.htm   Compiled by YouthNet/FHI, this annotated guide links to 16 major resources grouped into advocacy/planning, assessment/implementation, provider training curricula, job aids, and evaluation. CEDPA/Catalyst Consortium, EngenderHealth, YouthNet/FHI, PATH, Pathfinder International, and WHO developed these resources. Contact information for each is listed on the Web site.

RESOURCES FROM YOUTHNET

YouthNet has produced research briefs, issues papers, summaries of recent resources and studies (Youth InfoNet), and other publications. Most are available on a CD-ROM for free or can be downloaded from *www.fhi.org/en/youth/youthNet/publications/index*. Contact: youthnetpubs@fhi.org

Selected YouthLens (English/French/Spanish)

- **Sexuality Education** (No. 2). In-school programs can result in positive behavior changes, but programs vary widely and questions about best models need more attention.
- **HIV Voluntary Counseling and Testing** (No. 3). Many youth desire these services, but the services are limited and involve many questions.
- **Contraceptive Options and Access** (No. 12). Different age groups should be targeted with appropriate messages.

Youth Issues Papers

- **Intervention Strategies that Work for Youth: Summary, FOCUS End of Program Report** (synthesis of 160-page report, English/French/Spanish)
- **Applying Social Franchising Techniques to Youth Reproductive Health/HIV Services**
- **Teacher Training: Essential for School-based Reproductive Health and HIV/AIDS Education, Focus on Sub-Saharan Africa**
- **Reaching Out-of-School Youth with Reproductive Health and HIV Information and Services**

Web Resources

YouthNet's Web site offers valuable resources and links, including:

- *www.fhi.org/en/Youth/YouthNet/ProgramsAreas/index.htm* — resources and guidance on 13 program areas
- *www.fhi.org/en/Youth/YouthNet/ResForYouth/index.htm* — annotated collection of Web sites designed for youth, with URL hyperlinks
- *www.fhi.org/en/Youth/YouthNet/Publications/YouthInfoNet/index.htm* — Youth InfoNet, an online summary of new research and program summaries
- *www.youth-policy.com* — a searchable global database of youth reproductive health policies with fact sheets and other features, cosponsored with the POLICY Project.

HIV/AIDS Program Development/Implementation

A Parrot on Your Shoulder: A Guide for People Starting to Work with Orphans and Vulnerable Children (2004)
www.dec.org/pdf_docs/PCAAB212.pdf   From the International HIV/AIDS Alliance, this book provides guidance on group work, drama, icebreakers, role-plays, and other techniques for working with young adolescents. Contact: aidsalliance.org

At the Crossroads: Accelerating Youth Access to HIV/AIDS Interventions (2004)
*www.unfpa.org/upload/lib_pub_file/316_
filename_UNFPA_Crossroads.pdf*   From the UNAIDS Inter-Agency Task Team on Young People, this eight-page brief summarizes data and intervention approaches for youth. Contact: hiv@unfpa.org

**Building Blocks: Africa-Wide Briefing Notes
(updated 2004, English, French and Portuguese)**
*www.aidsalliance.org/eng/publications/_prom/
buiding_blocks/building_blocks.htm*   From the International HIV/AIDS Alliance, this set of locally adaptable resources provides guidance to communities on supporting children orphaned and made vulnerable by HIV/AIDS. Contact: aidsalliance.org

Conducting a Situation Analysis of Orphans and Vulnerable Children Affected by HIV/AIDS (2004)
www.dec.org/pdf_docs/PNACX649.pdf   This report from USAID describes the rationale and uses of a situation analysis of orphans and vulnerable children with a useful list of references and resources. Contact: docorder@dec.cdie.org

**Education and HIV/AIDS: A Sourcebook
of HIV/AIDS Prevention Programmes
(2003, English, French, Portuguese)**
*www.schoolsandhealth.org/Sourcebook/sourcebook
%20intro.htm*   This book from the World Bank and Partnership for Child Development compiles experiences in designing and implementing programs targeted at school-age children. Contact: eservice@worldbank.org

HIV/AIDS Prevention and Care among Especially Vulnerable Young People (2004)
*www.socstats.soton.ac.uk/cshr/pdfs/
evypframework.pdf*   This collaboration between WHO and the Safe Passages to Adulthood program focuses on the needs of especially vulnerable youth, including migrants and refugees, sex workers, and injecting drug users. Contact: cshr@socsci.soton.ac.uk

Preventing HIV/AIDS among Adolescents through Integrated Communication Programming (2003)
*www.unfpa.org/upload/lib_pub_file/224_
filename_hiv_adolescents02.pdf*   This manual by UNFPA emphasizes advocacy, behavior change communication, and education interventions with policy and service components. Contact: publications@unfpa.org

**Protecting Young People from HIV and AIDS:
The Role of Health Services (2004)**
*www.who.int/child-adolescent-health/New_
Publications/ADH/ISBN_92_4_159247_8.pdf*
This 40-page report, based on a UN-led consulta-tion, outlines for policy-makers and programmers key health services activities and strategies in terms of information and counseling; diagnosis, treatment, and care of HIV/AIDS and STIs; and risk reduction. Contact: cah@who.int

Young People Speak Out – Meeting Our Rights to HIV Prevention and CARE: Access for All (2004)
*www.unescobkk.org/ips/arh-web/news/pdf/bkk_
youth_report_2004.pdf*   This report from UNICEF summarizes ideas from 15 consultations held with youth around the world in preparation for the XV International AIDS Conference. Contact: arsh@unescobkk.org

— Compiled by William Finger and Margaret Tipton

William Finger is information dissemination coordinator for YouthNet. Margaret Tipton of CARE/YouthNet summarizes program resources for Youth InfoNet, YouthNet's online summary of resources and research.